

**St. Malachi**  
**Monday Night Meal (MNM) Schedule April-June 2023**

April 3	May 1	June 5
<b>Kielbasa &amp; Buttered Noodles (M)</b> Vegetable (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)	<b>Chicken &amp; Dumplings (M)</b> Vegetable (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)	<b>Rigatoni (M)</b> Vegetable (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)
April 10	May 8	June 12
<b>Easter Meal- Ham (D)</b> Scalloped Potatoes (M) Vegetable (P) Garden Salad & Fruit (S/F) Dessert (D)	<b>Taco Salad plus Chips (M)</b> Rice & Chili Beans (P) Chopped Romaine/Iceberg (S/F) Cheese, Sour Cream, Salsa (P) Fruit (S/F)/ Dessert (D)	<b>Chicken (M)</b> Rice (P) Vegetable (P) Garden Salad & Fruit (S/F) Dessert (D)
April 17	May 15	June 19
<b>Rigatoni (M)</b> Vegetable (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)	<b>Kielbasa &amp; Buttered Noodles (M)</b> Vegetable (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)	<b>Taco Salad plus Chips (M)</b> Rice & Chili Beans (P) Chopped Romaine/Iceberg (S/F) Cheese, Sour Cream, Salsa (P) Fruit (S/F)/ Dessert (D)
April 24	May 22	June 26
<b>Meat Loaf (M)</b> Mashed Potatoes/Gravy (P) Vegetable (P) Garden Salad & Fruit (S/F) Dessert (D)	<b>Sloppy Joes &amp; Buns (M)</b> Tater Tots (P) Vegetable (P) Garden Salad & Fruit (S/F) Dessert (D)	<b>Italian Sausage (M)</b> Mac & Cheese (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)
	May 29 (Memorial Day)	
	<b>Hotdogs and Buns (M)</b> Potato chips (P) & Beans (P) Garden salad (S/F) Watermelon (S/F) Dessert (D)	

**St Malachi Monday Night Meal (MNM) Schedule July - September 2023**

<b>July 3 (4th of July!)</b>	<b>August 7</b>	<b>September 4: Labor Day</b>
<b>Hotdogs and Buns (M)</b> Potato chips (P) & Beans (P) Garden salad (S/F) Watermelon (S/F) Dessert (D)	<b>Chili Mac (M)</b> Vegetable (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)	<b>Hotdogs and Buns (M)</b> Potato chips (P) & Beans (P) Garden Salad (S/F) Watermelon (S/F) Dessert (D)
<b>July 10</b>	<b>August 14</b>	<b>September 11</b>
<b>Kielbasa &amp; Buttered Noodles (M)</b> Vegetable (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)	<b>Taco Salad plus Chips (M)</b> Rice & Chili Beans (P) Chopped Romaine/Iceberg (S/F) Cheese, Sour Cream, Salsa (P) Fruit (S/F)/ Dessert (D)	<b>Italian Sausage (M)</b> Mac & Cheese (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)
<b>July 17</b>	<b>August 21</b>	<b>September 18</b>
<b>Italian Sausage (M)</b> Mac & Cheese (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)	<b>Meat Loaf (M)</b> Mashed Potatoes/Gravy (P) Vegetable (P) Garden Salad & Fruit (S/F) Dessert (D)	<b>Taco Salad plus Chips (M)</b> Rice & Chili Beans (P) Chopped Romaine/Iceberg (S/F) Cheese, Sour Cream, Salsa (P) Fruit (S/F) / Dessert (D)
<b>July 24</b>	<b>August 28</b>	<b>September 25</b>
<b>Chicken (M)</b> Rice (P) Vegetable (P) Garden Salad & Fruit (S/F) Dessert (D)	<b>Sloppy Joes &amp; Buns (M)</b> Tater Tots (P) Vegetable (P) Garden Salad & Fruit (S/F) Dessert (D)	<b>Rigatoni (M)</b> Vegetable (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)
<b>July 31</b>		
<b>Sloppy Joes &amp; Buns (M)</b> Tater Tots (P) Vegetable (P) Garden Salad & Fruit (S/F) Dessert (D)		

**(M) = Main Meal Volunteer -See Recipe (S/F) = Salad Fruit Volunteer (D)=Donated (P)= St. Malachi Pantry**

**St. Malachi Monday Night Meal (MNM) Schedule October - December 2023**

October 2	November 6	December 4
<b>Kielbasa &amp; Buttered Noodles (M)</b> Vegetable (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)	<b>Chicken &amp; Dumplings (M)</b> Vegetable (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)	<b>Sloppy Joes &amp; Buns (M)</b> Tater Tots (P) Vegetable (P) Garden Salad & Fruit (S/F) Dessert (D)
October 9	November 13	December 11
<b>Chicken &amp; Dumplings (M)</b> Vegetable (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)	<b>Taco Salad plus Chips (M)</b> Rice & Chili Beans (P) Chopped Romaine/Iceberg (S/F) Cheese, Sour Cream, Salsa (P) Fruit (S/F)/ Dessert (D)	<b>Chicken (M)</b> Mashed Potato or Rice (P) Vegetable (P) Garden Salad & Fruit (S/F) Dessert (D)
October 16	November 20	Tacos Salad
<b>Rigatoni (M)</b> Vegetable (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)	<b>Kielbasa &amp; Buttered Noodles (M)</b> Vegetable (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)	<b>Taco Salad plus Chips (M)</b> Rice & Chili Beans (P) Chopped Romaine/Iceberg (S/F) Cheese, Sour Cream, Salsa (P) Fruit (S/F) / Dessert (D)
October 23	November 27 Thanksgiving	December 25 Christmas
<b>Meat Loaf (M)</b> Mashed Potatoes/Gravy (P) Vegetable (P) Garden Salad & Fruit (S/F) Dessert (D)	<b>Turkey w/stuffing</b> Mashed potatoes w/gravy Vegetable, rolls Cranberries Pies for dessert	<b>Ham</b> Scalloped Potatoes Vegetable & rolls Pies for dessert
October 30		
<b>Chicken (M)</b> Rice (P) Vegetable (P) Garden Salad & Fruit (S/F) Dessert (D)		

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**St. Malachi Monday Night Meal (MNM) Schedule January-March 2024**

January 1	February 5	March 4
<b>Meat Loaf (M)</b> Mashed Potatoes/Gravy (P) Vegetable (P) Garden Salad & Fruit (S/F) Dessert (D)	<b>Rigatoni (M)</b> Vegetable (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)	<b>Chicken (M)</b> Mashed Potato or Rice (P) Vegetable (P) Garden Salad & Fruit (S/F) Dessert (D)
January 8	February 12	March 11
<b>Italian Sausage (M)</b> Mac & Cheese (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)	<b>Taco Salad plus Chips (M)</b> Rice & Chili Beans (P) Chopped Romaine/Iceberg (S/F) Cheese, Sour Cream, Salsa (P) Fruit (S/F)/ Dessert (D)	<b>Kielbasa &amp; Buttered Noodles (M)</b> Vegetable (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)
January 15	February 19	March 18
<b>Kielbasa &amp; Buttered Noodles (M)</b> Vegetable (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)	<b>Meat Loaf (M)</b> Mashed Potatoes/Gravy (P) Vegetable (P) Garden Salad & Fruit (S/F) Dessert (D)	<b>Italian Sausage (M)</b> Mac & Cheese (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)
January 22	February 26	March 25
<b>Chicken (M)</b> Rice (P) Vegetable (P) Garden Salad & Fruit (S/F) Dessert (D)	<b>Sloppy Joes &amp; Buns (M)</b> Tater Tots (P) Vegetable (P) Garden Salad & Fruit (S/F) Dessert (D)	<b>Rigatoni (M)</b> Vegetable (P) Garden Salad (S/F) Fruit (S/F) Dessert (D)
January 29		
<b>Sloppy Joes &amp; Buns (M)</b> Tater Tots (P) Vegetable (P) Garden Salad & Fruit (S/F) Dessert (D)		

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